

## INFORMATION TO RECORD

- Your family members' names and how they are related to you (e.g., parent, child, brother, sister).
- What diseases they had.
- How old they were when they got the disease.
- If they had any genetic tests.
- If they have died, their cause of death.
- Their age at death.
- If they ever smoked.
- If they are overweight.
- If they exercise regularly.
- Your family's ancestry (e.g., African, Mexican, German)

## DISEASES TO ASK ABOUT

- Alzheimer disease
- Anemia
- Asthma
- Blood clotting problems
- Cancer (e.g. breast, colon, ovarian, etc.)
- Colon polyps
- Diabetes
- Glaucoma
- Heart attack
- High blood pressure
- High cholesterol
- Inflammatory bowel disease
- Lupus
- Macular degeneration
- Multiple sclerosis
- Osteoporosis
- Parkinson disease
- Rheumatoid arthritis
- Seizures/epilepsy
- Stroke
- Thyroid disease

If you have questions about collecting your family history you can contact us

at

[genomedical@uncg.edu](mailto:genomedical@uncg.edu)

## WHAT IS "THE GENOMEDICAL CONNECTION"?



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