

Familial CRC Categories and Screening Recommendations

Increased Risk Category	Screening Recommendation
<ul style="list-style-type: none"> One FDR with colorectal cancer <u>or</u> an adenomatous polyp at or after age 60 years <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> Two SDRs affected with colorectal cancer 	<p>Follow the routine screening guidelines recommended by the American Cancer Society but begin at age 40</p>
<ul style="list-style-type: none"> One FDR with colorectal cancer <u>or</u> adenomatous polyps diagnosed before age 60 <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> Two FDRs with colorectal cancer 	<p>Colonoscopy every 5 years, beginning at age 40, or 10 years earlier than the earliest diagnosis in the family, whichever comes first</p>

[Link to Article](#)